



CRIS POPP

SPEAKER FACILITATOR TRAINER



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LEADERSHIP
HYBRID
WORKPLACES
PRODUCTIVITY
CHANGE
RESILIENCE

Cris Popp is an entrepreneur and experienced speaker. He is particularly interested in combining positive psychology with productivity to create *sustainable* peak-performance teams. His workplace wellbeing program was a finalist in the 2022 Better Health Awards.

In 2015 Cris took a break from consulting to co-found Grünbiotics - an Australian-based start-up, developing and launching world-first medical foods into the global market. In his role as a COO, he proudly oversaw product development and first sales to China and Europe.

Cris has worked with Melbourne Business School (MBS), DeakinCo, SwinburneEdge and the Australian Institute of Management (AIM) to provide the best executive development programs in Australia.

He's used his skills to help workplaces resolve conflict, build team-work, make better decisions, improve wellbeing and develop strategy. He advises organisations on how they can make their change initiatives successful, and create a culture that is innovative, productive and sustainable.

Cris has worked in both the public and private sector. His roles include marketing, sales, change manager, innovation facilitator, editor, ABC journalist, and copywriter. He completed his Masters on innovation and maintains a keen interest in workplace creativity.

His clients include: ANZ, Honda, NatRoad, NAB, Victoria Police, LinFox, Deloitte, Australian Defence Force, Victoria University, CQU, Cardno-ACIL, Air Services Australia (ASA), IAG, ComCare, NIA, Holden, Lend Lease, Red Cross, Victorian Government, Worksafe, Oracle, ¹local government, Sodexo, Entertainment Publications, Telstra, Roche, Clinect and Kordia.

Cris combines in-depth knowledge with practical workplace examples. He uses an engaging array of adult learning methods including Neuro-Linguistic Programming (NLP), Mind Maps®, lateral thinking, improvisation and decision-making techniques.

Cris' speaking appearances include: The Mind and its Potential; Happiness and Its Causes; Hargraves Innovation; and Sustainability conferences. He has appeared in/on: ABC, Channel 10, BRW, and the Financial Review.

A training session with Cris is energising, highly effective, great fun and guaranteed to be invaluable to participant and organisation alike.

He lives in Melbourne and counts amongst his interests; travel, work, literature, and hiking. Despite having completed five of the world's 40 most iconic hikes – he still finds himself frequently “geographically challenged” i.e. lost 🤔.